



Occupational/ Physical Therapy Evaluations

OTA-Watertown offers a wide variety of occupational and physical therapy evaluation services. Which evaluation you receive depends on your funding source and the needs of you or your child. The intake information that you complete to initiate your evaluation process is necessary for us to help you determine which evaluation is most appropriate.

A) Comprehensive OT Evaluation

Most clients require a full, comprehensive evaluation in order to begin occupational intervention services. Our comprehensive evaluation requires 12 hours of therapist time. This evaluation will give you a complete picture of you or your child's sensory processing and motor needs along with recommendations for services and accommodations. It includes 2 1/2 to 3 1/2 hours of direct assessment, a comprehensive detailed written report, and an evaluation feedback meeting. The assessment tools used for this evaluation vary depending on the child's age, abilities and needs but may include the Sensory Integration and Praxis Tests (SIPT), the Miller Assessment for Preschoolers (MAP), the OTA-Watertown Sensory Modulation and Discrimination Evaluation, the Bruininks-Oseretsky Test of Motor Proficiency, or any number of other assessment tools.

B) Abridged OT/ PT Evaluation

Clients whose evaluation is covered by Harvard Community Health Care (HCHC) insurance plans are eligible only for our abridge evaluation. This evaluation requires 45 minutes to 1 hour of assessment and parent feedback and includes a brief two page written report. An evaluation feedback / goal-setting meeting is encouraged but not covered by this insurance plan and must be paid for out-of-pocket if desired. This evaluation is **not** comprehensive but is sufficient to determine eligibility for occupational therapy services.

C) Focused OT/PT Evaluation

On occasion clients may desire a detailed evaluation that is focused on a specific need area such as fine motor/ handwriting skills, oral motor skills, or physical therapy. Our focused evaluations provide comprehensive assessment in these areas. In addition, we provide a focused sensory integration evaluation in cases where individuals may have received an occupational therapy evaluation from another facility. In this case we will evaluate the evaluation report and determine if there is sufficient information on sensory processing and motor performance to allow us to initiate treatment services without doing a full evaluation. If we determine that the evaluation has some, but not all of the information we need, we may recommend a SMD evaluation. This evaluation

concentrates only on the components of the evaluation that are missing from the existing report. Most frequently this is comprehensive sensory processing information or postural/ motor coordination information. These evaluation requires 7 hours of therapist time and include 1 ½ to 2 hours of testing, a detailed report and an evaluation feedback meeting.

D) Specialty Evaluations

OTA-Watertown offers a variety of specialty evaluations tailored to meet the needs of those clients who desire specialized intervention services. These include Listening, Visual-Vestibular, Interactive Metronome and Oral-Motor Evaluations. These evaluations are **not** comprehensive evaluations but designed to gain in-depth information in the specified area of need. They require from 1 ½ to 2 ½ hours of testing and include a brief 3-5 page report along with an evaluation feedback meeting. They are most appropriate for examining, in depth, specific problems that may have been identified in another evaluation, emerged as particularly problematic during therapy services or appear to be an isolated difficulty. Please see the documents for each specialty evaluation for more specific information.

E) Occupational Therapy Screening

In rare instances, an occupational therapy screening for a specific treatment area may be appropriate. This screening is most often used when clients are receiving other services at OTA-Watertown, such as speech, and believe there may be other sensory-based problems or wish to determine if their child is appropriate for an adjunctive service such as cranio-sacral therapy or for a group such as Power Players or Write On. At times it is unclear from an initial intake if a client has sensory integration difficulties and a screening may be recommended as a first step instead of a full evaluation. A full evaluation may be recommended if indicated by the screening. A screening consists of 1 hour of assessment and a feedback checklist is provided at the end of the screening.

F) Consultation

Periodically, adult clients or those with a specific treatment need, request a consultation appointment instead of an initial evaluation. These requests are carefully reviewed by our therapeutic staff for appropriateness. When deemed an appropriate service, consults are usually 2 hours in length.