



Occupational Therapy Games & Activity List 2008-2009

Compiled by South Shore Therapies and OTA-Watertown



Children learn through play and active exploration. Many toys and games can encourage learning and develop skills in planning and sequencing, eye-hand coordination, visual perception and fine motor control. These suggestions may be helpful in choosing appropriate toys for the holidays, birthdays and other special times. They include sensory based activities to provide organizing sensation and encourage the development of body awareness, as well as games to encourage the development of specific skills. Approximate ages or skill levels have been given to help guide your choices. Many items can be purchased at toy stores or through the catalogues listed. Ask your occupational therapist for help in deciding which games or toys are the best choices for your child.

Games to Develop Coordination, Problem Solving and Visual Perception:

Younger Ages (3-6 years)

3D Labyrinth
Animal Soup Game (Learning Express)
Ants in the Pants
Bouncin' Bunnies (Highlights)
Buckaroo
Cadoo & Balloon Lagoon
Charades for Kids
Colorforms Dress-up Game (Therapro)
Cootie
Cranium Hullabaloo
Don't Break the Ice
Don't Spill the Beans
Elefun
Finders Keepers (Mindware)
Fishin' Around
Gobbler (Learning Express)
Gnip Gnop (Highlights, Back to Basics, Young Explorers)
Hidden Picture Game (Highlights)
Honey Bee Tree (Back to Basics, Highlights, Leaps & Bounds)
Hungry Hungry Hippos
I Spy Bingo (Learning Express)
I Spy Memory Game (Learning Express, Young Explorers)
Lucky Ducks
Matching Mania (Discovery Toys)
Memory Game
Monkeying Around (Young Explorers)
Mr. Mouth
Penguin Pile-up (Hearthsong)
Poppa's Pizza Pile-up (Learning Express, Leaps & Bounds)
Poppin Puzzlers (Learning Express)
Pop up Pirates (Learning Express)
Race to the Roof (Young Explorers)
Silly Faces(Therapro)
Very Hungry Caterpillar Game (Young Explorers)
Whack a Mole
Zimbbos (Learning Express)

Older Kids (7 and up)

Aftershock! (Learning Express)
Amazing Labyrinth Game (Sensational Kids, Discovery Toys)
Batik (Mindware)
Battling Tops
Battleship
Blink (Learning Express)
Blokus (Mindware, Highlights)
Bulls Eye Ball
Clue
Connect Four
Cover Your Tracks (Thinkfun Games)
Cranium Cadoo
Guess Who/ Guess Where
Jenga
Kerplunk/ Tumble
Launch Across
Mancala
Mastermind
Monster Under My Bed (Young Explorers, Learning Express)
Mousetrap
Operation/ Dino Xcavator (Sensational Beginnings)
Perfection
Pipeline (Learning Express, Mindware)
Raging Rapids
River Crossing
Rebound
Rummikub
Rush Hour (Learning Express, Mindware)
Scavenger Hunt for Kids (Young Explorers)
Screwball Scramble (Young Explorers)
Simon Trickster
Squeezed Out (Back to Basics) / Hens & Chicks (Hearthsong)
Thin Ice
Twister
What's in Ned's Head? (Young Explorers)
Zitternix Game (Hearthsong)

For Sensory Motor Development and Coordination:

Provides Organizing Sensory Input

Body Sox (Integrations)
Bop Bag (Back to Basics)
Chilly Hammock Swing
Cloud Nine Crash Pad (Southpaw)
First Jumper (Back to Basics)
Foof Chair Large Beanbag (Integrations)
Folding Trampoline (Hearthsong)
Giga Ball (Sears, Hearthsong)
Horse Tire Swing (Highlights, Back to Basics)
Inside Out Balls (Therapro, Hearthsong)
Jigglers (Therapro, Integrations)
Jumpolene (Back to Basics)
Kick Bag (Sears, Back to Basics)
Marvel the Mustang Riding Horse (Back to Basics)
My First Trampoline (Sears)
Chewies: P's & Q's, Super Teether
Play Tents (Back to Basics, Hearthsong, Integrations)
Rock & Bounce Pony (Back to Basics)
Rocking Horse (Back to Basics, Young Explorers)
Rocking Rody Rider (Therapro, Integrations)
Row Cart (Back to Basics)
Sand Digger (Constructive Playthings)
Scooter Boards
Snail Rocker (Back to Basics)
Sock en' Boppers Set (Sears)
Spring Horse (Back to Basics)
Weighted Wearables, Blankets (Grampa'sGarden,Therapro)
Whistles (I Party, Therapro)

More Skilled Coordination Needed

Air Kicks Boots
Air Pogo (Young Explorers)
Balance Board (Back to Basics)
Balance Stilts (Hearthsong)
Bungee Jumper (Learning Express, Young Explorers)
Color Explosion (Crayola)
Dance Maker 2 Dance Machine (Sears, Young Explorers)
Disc Swing (Young Explorers)
Flying Turtle (Back to Basics, Hearthsong, Hlghlights)
Fun Ride (Back to Basics, Highlights, Young Explorers)
Hop 66/ Hop Ball (Hearthsong, Young Explorers)
Jump Ropes
Junior Champ Boxing Set (Constructive Playthings)
Kick-a-Roos (Highlights)
Krazy Car/ Whirley Wheel (Back to Basics, Integrations)
Moon Shoes (Highlights, Sears)
Moon Walkers (Young Explorers)
Pedal-Power/ Fun Wheels (Back to Basics, Hearthsong)
Plasma Car (Young Explorers)
Pogo Ball
Pogo Stick (Highlights)
Razer Scooters
Romper Stompers (Learning Express)
Rope Ladder (Hearthsong)
Sit & Spin
Skip Around (Hearthsong)
Sleds & Snow Tubes
Wobbler (Highlights, Hearthsong)

Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning:

Visual Control/ Eye-Hand Coordination:

Air Puck Hockey
Alfredo's Food Fight (Learning Express)
Balanko Game (Highlights)
Beamo Flying Disc (Learning Express)
Bean Bag Games
Bucket Blast Game (Hearthsong)
Dodge Discs (Learning Express)
Flip Flop Faces (Discovery Toys)
Hammer Away (Discovery Toys)
Hopscotch Mat (Highlights)
Hyper Dash (Learning Express)
Infinity Loop (Integrations)
Junior Swing Ball (Young Explorers)
Kids Croquet (Toys to Grow on)
Monster Velcro Mitts (Toy Box)
Nerf Basketball Hoop
Paddle Pool (Learning Express, Highlights)
Rack 'n' Roll Bowl (Highlights)
Remote Control Car
Safety Dart Board (Learning Express, Hearthsong)
Target Tail Ball (Hearthsong, Highlights)
Toss Across
Whistling Whirler (Discovery Toys)
Zoom Ball

Constructional Building Activities:

Aerobloks (Highlights, Integrations)
Block Buddies (Mindware)
Bright Builders (Discovery Toys)
Cast & Paint: Krazy Cars with Blo Pens (Toys R Us)
Colorforms (Sensational Kids, Back to Basics)
Delta Sand (Hearthsong)
Design & Drill Activity (Leaps & Bounds)
E-Z Build & Play (Constructive Playthings)
Floam or Play Foam
Gearations (Leap & Bounds)
Giant Constructive Blocks (Constructive Playthings)
Legos/Duplos
Lincoln Logs (Back to Basics)
Magz Construction Set (Back to Basics, Hearthsong)
Magnetic Mosaics (Highlights, Toys to Grow On)
Marbleworks (Discovery Toys)
Maze-n-Race (Realfun)
Mix & Match Motors (Discovery Toys)
Models for Beginners (Toys to Grow on)
Oogly Googly Motorized Building Set (Young Explorers)
Peg-a-Plane (Lauri)
Playmobil
Quatro Bucket (Lego)
Super Shapes (Constructive Playthings)
Zoob (Mindware)

To Support Fine Motor Development and Writing:

Pre-Writing Skills (Ages 3-5)

Art Kits (crayons, paints, etc.)/ Easels
Brush on Washable Painters (Toys to Grow On)
Colorforms (Hearthsong, Back to Basics)
Creative Clay (Back to Basics, Hearthsong)
Cranium Cariboo
Crayola Trace & Draw (Sears)
Dressing Dolls/ Woodkins
Dot Art (Learning Express)
Magnetic Art (Leaps & Bounds, Learning Express)
Pattern Block Set (Young Explorer)
Playdoh/ Silly Putty/Theraputty (Therapro)
Playful Patterns (Discovery Toys)
Ready to Print Practice Books (Toys to Grow on)
Roll on Painters (Toys to Grow on)
Sand Art
Scratch Magic (Young Explorer)
Squiggle Writer Pen (Therapro)
Stencil Kit (Hearthsong)
Tickle Bee Game (Hearthsong, Back to Basics)
Water Filled Drawing Mats
Wiggle Writer (Toys to Grow on, Therapro)
Zingo
Zoo Sticks (Hearthsong)

Drawing & Writing Skills (Ages 6 and older)

Activity Book (Hearthsong)
Arts & Crafts Projects (Hearthsong, Toys to Grow On)
Color-in Tattoos
Etch-a-Sketch
EZ Art Projector (Constructive Playthings)
Legos
Magna Doodle
Mazes
Peel & Stick Collage Boards (Constructive Playthings)
Pictionary Junior/ Pictionary
Pop Bead People (Klutz)
Puzzlemania (Highlights)
Roller Typing (Discovery Toys)
Shrinky Dinks
Spirograph
Suncatcher Kit (Highlights)
Stain Glass Coloring Book (Mindware)
Trace & Draw Projector (Toys to Grow on)
Wikki Stix Activity Set (Learning Express)
Window Art (Young Explorers)
Window Decorating Paints (Hearthsong)
Zip-Track (Discovery Toys)

Below is a list of the catalogue resources sited on this list. Other Resources for choosing toys and therapeutic activities can be found in the Parent Resource Box at South Shore Therapies. There you can find a more complete listing of companies providing therapeutic activities to support intervention.

Back to Basics	(800) 356-5360	www.basic toys.com
Constructive Playthings	(800) 832-0572	www.constplay.com
Discovery Toys	(877) 875-9471	www.discoverytoysinc.com
• Through a Discovery Toys Consultant		
• Contact Kim O'Brien	(781) 740-1937	kim@sensational-toys.net
Hearth Song	(800) 325-2502	www.hearthsong.com
Highlights	(800) 422-6202	www.highlights.com
Integrations	(800) 850-8602	www.integrationscatalog.com
Leaps and Bounds	(800) 477-2189	www.onestepahead.com
Learning Express (Store in Hanover)	(781) 829-8555	www.learningexpress.com
Mindware	(800) 999-0398	www.mindwareonline.com
Sears	(800) 488-3211	www.sears.com/toys
Sensational Beginnings	(800) 444-2147	www.sensationalbeginnings.com
Southpaw	(800) 228-1698	www.southpawenterprises.com
Therapro	(800) 257-5376	www.theraproducts.com
Toy Box	(781) 871-3650	www.thetoyboxhanover.com
Toys R Us	(617) 445-5159	www.toysrus.com
Toys To Grow On	(800) 987-4454	www.ttgo.com
Young Explorers	(800) 239-7577	www.YoungExplorers.com