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How do I know if my infant/toddler needs occupational therapy services?

- 1. Easily startled (birth to 3 months)
- 2. Poor muscle tone
- 3. Difficulty consoling self, unusually fussy
- 4. Unable to bring hands together and bang toys
- 5. Slow to roll over, creep, sit or stand
- 6. Difficulty babbling
- 7. Failure to explore
- 8. Cries or becomes tense when moved through space.
- 9. Frequent fisting of hands after six months
- 10. Difficulty tolerating a prone (on stomach) position
- 11. Dislikes baths
- 12. Difficulty playing with age appropriate toys.
- 13. Resists being held, dislikes being cuddled, becomes tense when held
- 14. Sucking difficulties
- 15. Overly active, seeks excessive movement
- 16. Unable to settle down, sleep difficulties

If your young child is experiencing 3 or more problems on this checklist, occupational therapy intervention may be helpful.

Please call Occupational Therapy Associates-Watertown, P.C. for more information (617) 923-4410.