

## Occupational Therapy Games & Activity List



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Children learn through play and active exploration. Many toys and games can encourage learning and develop skills in planning and sequencing, eye-hand coordination, visual perception, concept development and fine motor control. These suggestions may be helpful in choosing appropriate toys for the holidays, birthdays and other special times. They include sensory based activities to provide organizing sensation and encourage the development of body awareness, as well as games to encourage the development of specific skills and language concepts. Approximate ages or skill levels have been given to help guide your choices. Many items can be purchased at toy stores or through the catalogues listed. Ask your occupational therapist for help in deciding which games or toys are the best choices for your child.

### Games to Develop Coordination, Problem Solving and Visual Perception:

#### Younger Ages (3-6 years)

3D Labyrinth  
 Angry Birds: Knock on Wood  
 Animal Soup Game  
 Ants in the Pants  
 Bouncin' Bunnies (Highlights)  
 Buckaroo  
 Cadoo & Balloon Lagoon  
 Charades for Kids  
 Colorforms Dress-up Game (Therapro)  
 Cootie  
 Cranium Hullabaloo  
 Don't Break the Ice/The Smurfs Hold On Clumsy  
 Don't Spill the Beans  
 Elefun  
 Finders Keepers (Mindware)  
 Fishin' Around  
 Gobbler  
 Gnip Gnop (Highlights, Back to Basics, Young Explorers)  
 Hidden Picture Game (Highlights)  
 Honey Bee Tree (Back to Basics, Highlights, Leaps & Bounds)  
 Hungry Hungry Hippos  
 I Spy Bingo (Young Explorers)  
 I Spy Memory Game (Young Explorers)  
 Lucky Ducks  
 Memory Game  
 Monkeying Around (Young Explorers)  
 Mr. Mouth  
 Penguin Pile-up (Hearthsong)  
 Poppa's Pizza Pile-up (Leaps & Bounds)  
 Poppin Puzzlers  
 Pop up Pirates  
 Race to the Roof (Young Explorers)  
 Scatterpillar Scramble  
 Silly Faces(Therapro)  
 Topsy Turtle  
 Very Hungry Caterpillar Game (Young Explorers)  
 Whack a Mole  
 Zimbos (Young Explorers)

#### Older Kids (7 and up)

Acuity (Fat Brain Toys)  
 Aftershock!  
 Amazing Labyrinth Game (Sensational Kids, Discovery Toys)  
 Batik (Mindware)  
 Battling Tops  
 Battleship  
 Blink  
 Blokus (Mindware, Highlights)  
 Bulls Eye Ball  
 Connect Four  
 Cover Your Tracks (Thinkfun Games)  
 Cranium Cadoo  
 Guess Who/ Guess Where  
 Jenga/Scooby Doo Hold On  
 Kerplunk/ Tumble  
 Launch Across  
 Mastermind  
 Monster Under My Bed (Young Explorers)  
 Mousetrap  
 Operation/ Dino Xcavator (Sensational Beginnings)  
 Perfection  
 Pipeline (Mindware)  
 Q-Bitz  
 Quirkle  
 Raging Rapids (Think Fun)  
 River Crossing (Think Fun)  
 Rebound  
 Rummikub  
 Rush Hour (Think Fun, Mindware)  
 Screwball Scramble (Young Explorers)  
 Simon Trickster  
 Spot it!  
 Squeezed Out (Back to Basics) / Hens & Chicks (Hearthsong)  
 Thin Ice  
 Twister  
 What's in Ned's Head? (Young Explorers)  
 Zig Zag  
 Zitternix Game (Hearthsong)

## **For Sensory Motor Development and Coordination:**

### ***Provides Organizing Sensory Input***

Blo-pens  
Body Sox (Integrations)  
Bop Bag (Back to Basics)  
Chilly Hammock Swing  
First Jumper (Back to Basics)  
Foof Chair Large Beanbag (Integrations)  
Folding Trampoline (Hearthsong)  
Giga Ball (Sears, Hearthsong)  
Horse Tire Swing (Highlights, Back to Basics)  
Inside Out Balls (Therapro, Hearthsong)  
Jigglers (Therapro, Integrations)  
Jumpolene (Back to Basics)  
Kick Bag (Sears, Back to Basics)  
Marvel the Mustang Riding Horse (Back to Basics)  
Massager /Bug/ Fuzzy (South Shore Therapies)  
My First Trampoline (Back to Basics)  
Oral Motor Kit (South Shore Therapies)  
Chewies: P's & Q's, Super Teether  
Play Tents (Back to Basics, Hearthsong, Integrations)  
Rock & Bounce Pony (Back to Basics)  
Rocking Horse (Back to Basics, Young Explorers)  
Rocking Rody Rider (Therapro, Integrations)  
Row Cart (Back to Basics)  
Sand Digger (Constructive Playthings)  
Scooter Boards  
Sensory Regulation Kit (South Shore Therapies)  
Snail Rocker (Back to Basics)  
Sock en' Boppers Set (Sears)  
Spring Horse (Back to Basics)  
Super Large Crash Pads (South Shore Therapies)  
Weighted Wearables, Blankets (Grampa's Garden, Therapro)  
Whistles (I Party, Therapro)

### ***More Skilled Coordination Needed***

Air Kicks Boots  
Air Pogo (Young Explorers)  
Balance Board (Back to Basics) (Monkey Balance Board)  
Balance Stilts (Hearthsong)  
Bilbo  
Bungee Jumper (Young Explorers)  
Color Explosion (Crayola)  
Dance Maker 2 Dance Machine (Sears, Young Explorers)  
Disc Swing (Young Explorers)  
Flying Turtle (Back to Basics, Hearthsong, Hlghlights)  
Fun Ride (Back to Basics, Highlights, Young Explorers)  
Hop 66/ Hop Ball (Hearthsong, Young Explorers)  
Jump Ropes  
Junior Champ Boxing Set (Constructive Playthings)  
Kick-a-Roos (Highlights)  
Krazy Car/ Whirley Wheel (Back to Basics, Integrations)  
Moon Shoes (Highlights, Sears, Young Explorers)  
Moon Walkers (Young Explorers)  
Pedal-Power/ Fun Wheels (Back to Basics, Hearthsong)  
Plasma Car (Young Explorers)  
Pogo Ball  
Pogo Stick (Highlights)  
Razor Scooters  
Romper Stompers  
Rope Ladder (Hearthsong)  
Sit & Spin (Back to Basics)  
Skip Around (Hearthsong)  
Slackers Slackline  
Sleds & Snow Tubes  
Wobbler (Highlights, Hearthsong)

## **Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning:**

### ***Visual Control/ Eye-Hand Coordination:***

Air Puck Hockey  
Alfredo's Food Fight  
Balanko Game (Highlights)  
Beamo Flying Disc  
Bean Bag Games  
Bucket Blast Game (Hearthsong)  
Dodge Discs  
Flip Flop Faces (Discovery Toys)  
Hammer Away (Discovery Toys)  
Hopscotch Mat (Highlights)  
Hyper Dash  
Infinity Loop (Integrations)  
Junior Swing Ball (Young Explorers)  
Junior Blast Pad  
Jolly Octopus  
Kids Croquet (Toys to Grow on)  
Mini Ogo Discs  
Monster Velcro Mitts (Toy Box)  
Nerf Basketball Hoop  
Paddle Pool (Highlights)  
Rack 'n' Roll Bowl (Highlights)

### ***Constructional Building Activities:***

Aerobloks (Highlights, Integrations)  
Block Buddies (Mindware)  
Build and Play Mechanic Set (Discount School Supply)  
Cast & Paint: Krazy Cars with Blo Pens  
Colorforms (Sensational Kids, Back to Basics)  
Create a Track –Snap Track Set (Back to Basics)  
Delta Sand (Hearthsong)  
Design & Drill Activity (Leaps & Bounds)  
E-Z Build & Play (Constructive Playthings)  
Gearations (Leap & Bounds)  
Georello Tool Box  
Giant Constructive Blocks (Constructive Playthings)  
K'nex  
Legos/ Duplos/ Quatro Bucket  
Light Snap Circuits  
Lincoln Logs (Back To Basics)  
Make 'Break Challenge (Fat Brain Toys)  
Magz Construction Set (Back to Basics, Hearthsong)  
Magnatiles  
Magnetic Mosaics (Highlights, Toys to Grow On)  
Marbleworks (Discovery Toys)

## Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning (continued) :

### Visual Control/ Eye-Hand Coordination:

Remote Control Cars  
Safety Dart Board (Hearthsong)  
Target Tail Ball (Hearthsong, Highlights)  
Trapp Ball  
Toss Across  
Whistling Whirler (Discovery Toys)  
Zoom Ball

### Constructional Building Activities:

Maze-N-Race (Realfun)  
Oogly Googly Motorized Building Set (Young Explorers)  
Peg-a-Plane (Lauri)  
Playmobil  
Super Shapes (Constructive Playthings)  
Zoob (Mindware)

## To Support Fine Motor Development and Writing:

### Pre-Writing Skills (Ages 3-5)

Art Kits (crayons, paints, etc.)/ Easels  
Brush on Washable Painters (Toys to Grow On)  
Colorforms (Hearthsong, Back to Basics)  
Creative Clay (Back to Basics, Hearthsong)  
Cranium Cariboo  
Crayola Beginnings  
Crayola Trace & Draw (Sears)  
Dressing Dolls/ Woodkins  
Dot Art  
Fine Motor Kit (South Shore Therapies)  
Magnetic Art (Leaps & Bounds)  
Pattern Block Set (Young Explorer)  
Playdoh/ Silly Putty/Theraputty (Therapro)  
Playful Patterns (Discovery Toys)  
Ready to Print Practice Books (Toys to Grow on)  
Roll on Painters (Toys to Grow on)  
Sand Art  
Scratch Magic (Young Explorer)  
Spinmallow  
Squiggle Writer Pen (Therapro)  
Stencil Kit (Hearthsong)  
Tickle Bee Game (Hearthsong, Back to Basics)  
Water Filled Drawing Mats  
Wiggle Writer (Toys to Grow on, Therapro)  
Zingo  
Zoo Sticks (Hearthsong)

### Drawing & Writing Skills (Ages 6 and older)

Activity Book (Hearthsong)  
Arts & Crafts Projects (Hearthsong, Toys to Grow On)  
Color-in Tattoos  
Etch-a-Sketch  
EZ Art Projector (Constructive Playthings)  
Kendama  
Legos  
Magna Doodle  
Mazes  
Peel & Stick Collage Boards (Constructive Playthings)  
Pictionary Junior/ Pictionary  
Pop Bead People (Klutz)  
Pumponator  
Puzzlemania (Highlights)  
Roller Typing (Discovery Toys)  
Shrinky Dinks  
Spirograph  
Suncatcher Kit (Highlights)  
Stain Glass Coloring Book (Mindware)  
Trace & Draw Projector (Toys to Grow on)  
Wikki Stix Activity Set  
Window Art (Young Explorers)  
Window Decorating Paints (Hearthsong)  
Zip-Track (Discovery Toys)  
1, 2 Tie My Shoe

Below is a list of the catalogue resources sited on this list. Other Resources for choosing toys and therapeutic activities to support intervention can be found in the Parent Resource Box at South Shore Therapies.

Amazon		<a href="http://www.amazon.com">www.amazon.com</a>
Back to Basics	(800) 356-5360	<a href="http://www.basictoy.com">www.basictoy.com</a>
Constructive Playthings	(800) 832-0572	<a href="http://www.constplay.com">www.constplay.com</a>
Fat Brain Toys	(800)-5905987	<a href="http://www.FatBrainToys.com">www.FatBrainToys.com</a>
Hearth Song	(800) 325-2502	<a href="http://www.hearthsong.com">www.hearthsong.com</a>
Highlights	(800) 422-6202	<a href="http://www.highlights.com">www.highlights.com</a>
Integrations	(800) 850-8602	<a href="http://www.integrationscatalog.com">www.integrationscatalog.com</a>
Leaps and Bounds	(800) 477-2189	<a href="http://www.onestepahead.com">www.onestepahead.com</a>
Mindware	(800) 999-0398	<a href="http://www.mindwareonline.com">www.mindwareonline.com</a>
Magic Beans (Store in Hingham)	(781) 749-2321	<a href="http://www.mbeans.com">www.mbeans.com</a>
Rhyme 'N Reason (Store in Pembroke)	(781) 829-6800	
Rock Paper Scissors (Store in Duxbury)	(781) 452-7376	<a href="http://www.rockpaperscissorsdux.com">www.rockpaperscissorsdux.com</a>
Sensational Beginnings	(800) 444-2147	<a href="http://www.sensationalbeginnings.com">www.sensationalbeginnings.com</a>
Therapro	(800) 257-5376	<a href="http://www.theraproducts.com">www.theraproducts.com</a>
The Toy Box (Store in Hanover)	(781) 871-3650	<a href="http://www.thetoyboxhanover.com">www.thetoyboxhanover.com</a>
Toys To Grow On	(800) 987-4454	<a href="http://www.ttgo.com">www.ttgo.com</a>
Young Explorers	(800) 239-7577	<a href="http://www.YoungExplorers.com">www.YoungExplorers.com</a>