

## **International Intensives**

OTA The Koomar Center is nationally recognized as a premier therapy site. With highly skilled therapists trained in pediatrics and sensory integration, OTA has built the reputation of providing quality service and effective, clinical intervention. Founding director Dr. Jane Koomar trained directly with Dr. A. Jean Ayres, the founder of sensory integration theory and intervention. OTA's reputation has enabled us to form lasting relationships with professionals and families all over the United States and in a growing number of foreign countries. Currently, OTA provides services to families from all over the country and also to families residing in Turkey, Puerto Rico, and India. Services are available to individuals of all ages who are experiencing difficulties with:

- Autism
- Learning Disabilities
- Attention Deficit Disorder
- Trauma and Attachment Disorders
- Fine and gross motor coordination disorders
- Other psychological and neurological conditions

The duration of OTA's international intensives are determined by the therapeutic team prior to treatment. They typically cover a 2 to 4 week period, which may be extended. Usually lasting two hours, intensive services are available Monday through Friday. OTA also offers occupational and speech therapy services; additional sessions in specialty areas (see below) can be added as desired OTA collaborates with other professionals to enhance the treatment intensive, making referrals to professional in the area, as needed.

## Interventions include:

- Direct Occupational Therapy and Evaluations
- Direct Speech Therapy and Evaluations
- Designing an effective sensory diet for home and or school to enhance overall functional performance
- Consultation with current case-workers at home
- Visual Vestibular (Inner ear balance system) Intervention
- Nutrition/Oral Motor Intervention
- Craniosacral Therapy
- Listening Consultation/Therapy (Therapeutic Listening and The Listening Program)
- Interactive Metronome
- Bike Riding Training

Intensives for local clients are available for one hour a day, three to five days per week. They help address difficulties quickly, with immediate results. OTA also offers weekly 8:00 a.m. intensives that enable the sensory benefits to continue throughout the school day.

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