



Listening Services

Currently, OTA offers 3 different listening therapy programs. We use these programs as an adjunct to our therapy. The listening programs incorporate many of the theories, principles, and research of Dr. Alfred Tomatis. Each program uses different technologies to improve the function of the ear to improve areas such as self-regulation, auditory processing, coordination, communication skills, and attention.

Integrated Listening Systems (iLs):

Integrated Listening Systems (iLs) was developed by Dr. Ron Minson, Kate O'Brien Minson, and Randall Redfield. iLs programs can be used for clinic-based intervention as well as for home programs. Both programs use classical music and have the option for Gregorian chants. The iLs programs use both air and bone conduction-based sound through specialized headphones and equipment to target the auditory and vestibular systems. On average, iLs home programs are typically 30-60 minutes in length 2-5 times per week over a 2-6 month period. During listening sessions, the individual wears specially designed headphones and a waist pack that includes an iPod with the iLs treated music and small amplifier. While listening, the individual participates in movement and visual activities. iLs home systems are available for purchase or rental.

The Listening Program (TLP):

The Listening Program was developed by Alex Doman of Advanced Brain Technology. These programs can be used for clinic-based intervention as well as for home programs. All of the programs use classical music and some include nature sounds. Listening sessions are 9-30 minutes in length, 5 days per week, for 5-10 months. The individual uses high-quality headphones, and an iPad or online program to access the music. The use of movement activities at home while listening is up to the discretion of the individual's therapist.

Therapeutic Listening:

Therapeutic Listening was developed by Sheila Frick, an occupational therapist. These programs can be used for clinic-based intervention as well as for home programs. The program uses classical, jazz, instrumental, and vocal music. It includes children's and pop songs, and some selections include nature sounds. Listening sessions occur 2 times per day for 30 minutes each, 7 days per week. An average Therapeutic Listening program lasts 3-5 months. The individual uses high-quality headphones, CD player, MP3 player, or an app. The use of movement activities while listening is up to the discretion of the individual's therapist.

Resources:

Integrated Listening Systems (iLs): www.integratedlistening.com

Developer: Dr. Ron Minson, Kate Minson, and Randall Redfield

The Listening Program: www.advancedbrain.com

Developer: Advanced Brain Technologies (ABT).

Therapeutic Listening: www.vitallinks.net

Developer: Shelia Frick