



International and Long-Distance Intensives

OTA The Koomar Center is nationally recognized as a premier center for sensory integration and integrated therapy services. With highly skilled therapists trained in promoting sensory integration across the lifespan, OTA has built the reputation of providing the highest quality Occupational Therapy and Speech Language Therapy. OTA's founder Dr. Jane Koomar trained directly with Dr. A. Jean Ayres, the founder of sensory integration theory and intervention. OTA's reputation has been a cornerstone with forming lasting relationships with professionals and families all over the United States and in a growing number of foreign countries. Services are available to individuals of all ages to support a variety of diagnoses and profiles including:

- Sensory Processing Disorder
- Autism Spectrum Disorder
- Learning disabilities
- Attention deficit/hyperactivity disorder
- Developmental delays
- Eating/feeding challenges or disorders
- Anxiety and other mental health conditions
- Emotional regulation challenges
- Developmental trauma or trauma experience
- Relational or attachment challenges
- Other psychological and neurological conditions

The duration of OTA's international and long-distance intensives is determined by the therapeutic team prior to treatment. An intensive typically involves a 2–4-week period with direct services commonly being provided for 2 hours per day or at times more depending on the individual's needs and the recommended services. OTA offers occupational and speech therapy evaluation and intervention services as well as additional sessions in specialty areas and specialized consultations (see below) which can be added as desired. The Koomar Center also collaborates with other professionals to enhance the treatment intensive and makes referrals to professionals in other areas such as chiropractic, nutrition, etc., as needed.

Services offered as part of The Koomar Center's International and Long-Distance Intensives include:

- Direct Occupational Therapy and Evaluations
- Direct Speech Therapy and Evaluations
- Designing an effective sensory diet for home and or school to enhance overall functional performance
- Consultation with current case-workers at home
- Visual Vestibular (Inner ear balance system) Intervention
- Oral Motor Intervention
- Craniosacral Therapy
- Listening Consultation/Therapy
- Bike Riding Training